

Monday through Friday

Effective Jun 26 2022

690

Eastbound *Al Este* (Approximate Times / Tiempos Aproximados)

SYLMAR	PACOIMA	TUJUNGA	TUJUNGA	PACOIMA	SYLMAR
1	2	3	4	5	
Sylmar Metrolink Station	Olive View Medical Center	Foothill & Van Nuys	Foothill & Sunland	Summitrose & Tinker	
5:18A	5:31A	5:48A	5:59A	6:03A	
6:06	6:20	6:37	6:48	6:52	
6:37	6:50	—	—	—	
7:06	7:22	7:43	7:55	8:00	
7:32	7:47	—	—	—	
7:59	8:14	8:35	8:47	8:52	
8:24	8:38	—	—	—	
8:49	9:04	9:23	9:34	9:39	
9:39	9:53	10:12	10:23	10:28	
10:29	10:44	11:03	11:14	11:19	
11:19	11:35	11:54	12:06P	12:11P	
12:09P	12:25P	12:45P	12:57	1:02	
12:59	1:15	1:36	1:48	1:53	
1:49	2:05	2:26	2:38	2:43	
2:39	2:56	3:18	3:31	3:37	
3:29	3:47	4:09	4:23	4:29	
3:54	4:11	—	—	—	
4:20	4:38	5:00	5:14	5:20	
4:47	5:04	—	—	—	
5:13	5:31	5:52	6:06	6:11	
5:43	5:59	—	—	—	
6:21	6:38	6:58	7:10	7:15	
7:11	7:26	7:44	7:56	8:01	
8:01	8:15	8:32	8:43	8:48	
8:51	9:05	9:21	9:32	9:36	
9:41	9:54	10:09	10:19	10:23	
10:31	10:44	10:59	11:09	11:13	
A10:56	11:08	—	—	—	
A11:53	12:05A	—	—	—	
A12:53A	1:05	—	—	—	
A1:53	2:05	—	—	—	
A2:53	3:05	—	—	—	

Westbound *Al Oeste* (Approximate Times / Tiempos Aproximados)

TUJUNGA	PACOIMA	SYLMAR	TUJUNGA	PACOIMA	SYLMAR
5	4	3	2	1	
Summitrose & Tinker	Foothill & Sunland	Foothill & Van Nuys	Olive View Medical Center	Sylmar Metrolink Station	
5:13A	5:18A	5:27A	5:42A	5:57A	
6:09	6:14	6:25	6:41	6:57	
6:58	7:03	7:15	7:33	7:50	
7:47	7:52	8:04	8:22	8:38	
8:38	8:43	8:55	9:12	9:28	
9:27	9:32	9:43	10:00	10:16	
10:19	10:24	10:35	10:52	11:08	
11:09	11:14	11:25	11:42	11:59	
11:58	12:03P	12:14P	12:30P	12:50P	
12:46P	12:51	1:02	1:20	1:38	
1:36	1:41	1:53	2:12	2:30	
2:22	2:27	2:39	2:59	3:20	
3:10	3:15	3:28	3:50	4:11	
4:03	4:08	4:21	4:43	5:04	
5:02	5:07	5:20	5:42	6:03	
5:56	6:01	6:13	6:33	6:50	
6:48	6:53	7:05	7:23	7:39	
7:41	7:46	7:57	8:13	8:28	
8:32	8:37	8:47	9:03	9:17	
9:28	9:33	9:43	9:58	10:12	
10:29	10:34	10:43	10:58	11:12	
—	—	—	A11:25	B11:37	
—	—	—	A12:25A	B12:37A	
—	—	—	A1:25	B1:37	
—	—	—	A2:25	B2:37	
—	—	—	A3:25	B3:37	

Saturday, Sunday & Holiday

690

Eastbound *Al Este* (Approximate Times / Tiempos Aproximados)

SYLMAR	PACOIMA	TUJUNGA	TUJUNGA	PACOIMA	SYLMAR
1	2	3	4	5	
Sylmar Metrolink Station	Olive View Medical Center	Foothill & Van Nuys	Foothill & Sunland	Summitrose & Tinker	
5:27A	5:40A	5:56A	6:08A	6:12A	
6:22	6:35	6:52	7:04	7:09	
7:15	7:29	7:48	8:00	8:05	
8:05	8:19	8:38	8:50	8:55	
8:55	9:10	9:30	9:42	9:47	
9:45	10:00	10:21	10:33	10:38	
10:36	10:51	11:12	11:24	11:29	
11:27	11:42	12:03P	12:15P	12:20P	
12:18P	12:34P	12:55	1:07	1:12	
1:08	1:24	1:45	1:57	2:02	
1:59	2:15	2:36	2:50	2:55	
2:49	3:05	3:27	3:41	3:46	
3:39	3:56	4:18	4:32	4:37	
4:30	4:47	5:09	5:23	5:28	
5:19	5:36	5:57	6:10	6:15	
6:08	6:24	6:44	6:57	7:02	
6:57	7:11	7:30	7:42	7:47	
7:45	7:59	8:17	8:28	8:33	
8:36	8:50	9:07	9:18	9:22	
9:36	9:49	10:05	10:15	10:19	
10:31	10:44	10:59	11:09	11:13	
A10:56	11:08	—	—	—	
A11:53	12:05A	—	—	—	
A12:53A	1:05	—	—	—	
A1:53	2:05	—	—	—	
A2:53	3:05	—	—	—	

Westbound *Al Oeste* (Approximate Times / Tiempos Aproximados)

TUJUNGA	PACOIMA	SYLMAR	TUJUNGA	PACOIMA	SYLMAR
5	4	3	2	1	
Summitrose & Tinker	Foothill & Sunland	Foothill & Van Nuys	Olive View Medical Center	Sylmar Metrolink Station	
5:23A	5:28A	5:38A	5:53A	6:08A	
6:10	6:15	6:26	6:43	6:58	
6:54	6:59	7:11	7:29	7:45	
7:45	7:50	8:02	8:20	8:36	
8:36	8:41	8:53	9:11	9:27	
9:28	9:33	9:44	10:02	10:18	
10:18	10:23	10:34	10:52	11:08	
11:07	11:12	11:23	11:41	11:58	
11:56	12:01P	12:13P	12:31P	12:48P	
12:45P	12:50	1:02	1:21	1:38	
1:35	1:40	1:52	2:11	2:28	
2:24	2:29	2:41	3:00	3:18	
3:13	3:18	3:31	3:51	4:09	
4:04	4:09	4:22	4:42	5:00	
4:55	5:00	5:13	5:33	5:51	
5:49	5:54	6:06	6:25	6:42	
6:44	6:49	7:01	7:18	7:34	
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9:28	9:33	9:43	9:58	10:12	
10:29	10:34	10:43	10:58	11:12	
—	—	—	A11:25	B11:37	
—	—	—	A12:25A	B12:37A	
—	—	—	A1:25	B1:37	
—	—	—	A2:25	B2:37	
—	—	—	A3:25	B3:37	

Saturday, Sunday and Holiday Schedules

Saturday, Sunday and Holiday Schedule in effect on New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day and Christmas Day.

Horarios de sábado, domingo y días feriados

Horarios de sábado, domingo, y días feriados en vigor para New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day y Christmas Day.

Special Notes

- A** Trip uses late night/early morning route, Line 224. See Inset Map #1.
- B** Trip continues via Line 224 to Santa Monica/Highland. See Line 224 timetable for more information.

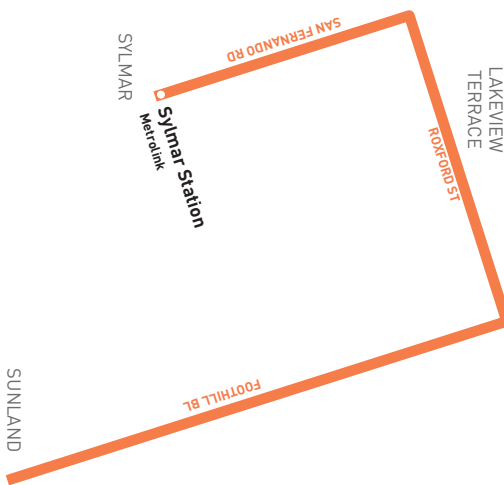
Avisos especiales

- A** El viaje utiliza la ruta nocturna / temprano en la mañana, Línea 224. Consulte el mapa recuadro #1.
- B** El viaje continúa por la línea 224 hasta Santa Monica / Highland. Consulte el horario de la Línea 224 para obtener más información.



Metro

Subject to change without notice
Sujeto a cambios sin previo aviso

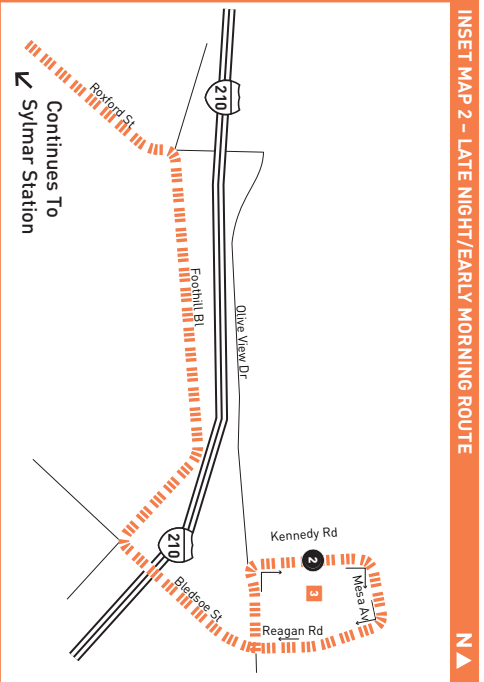
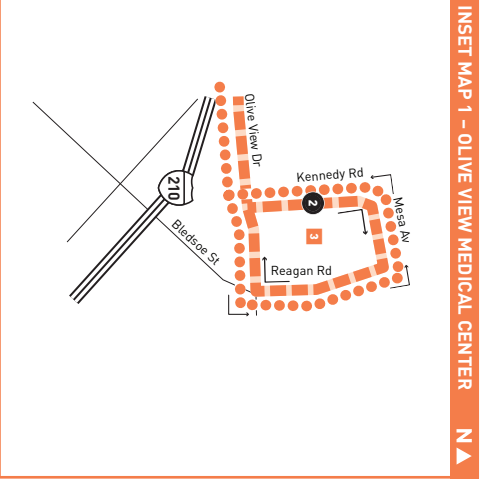
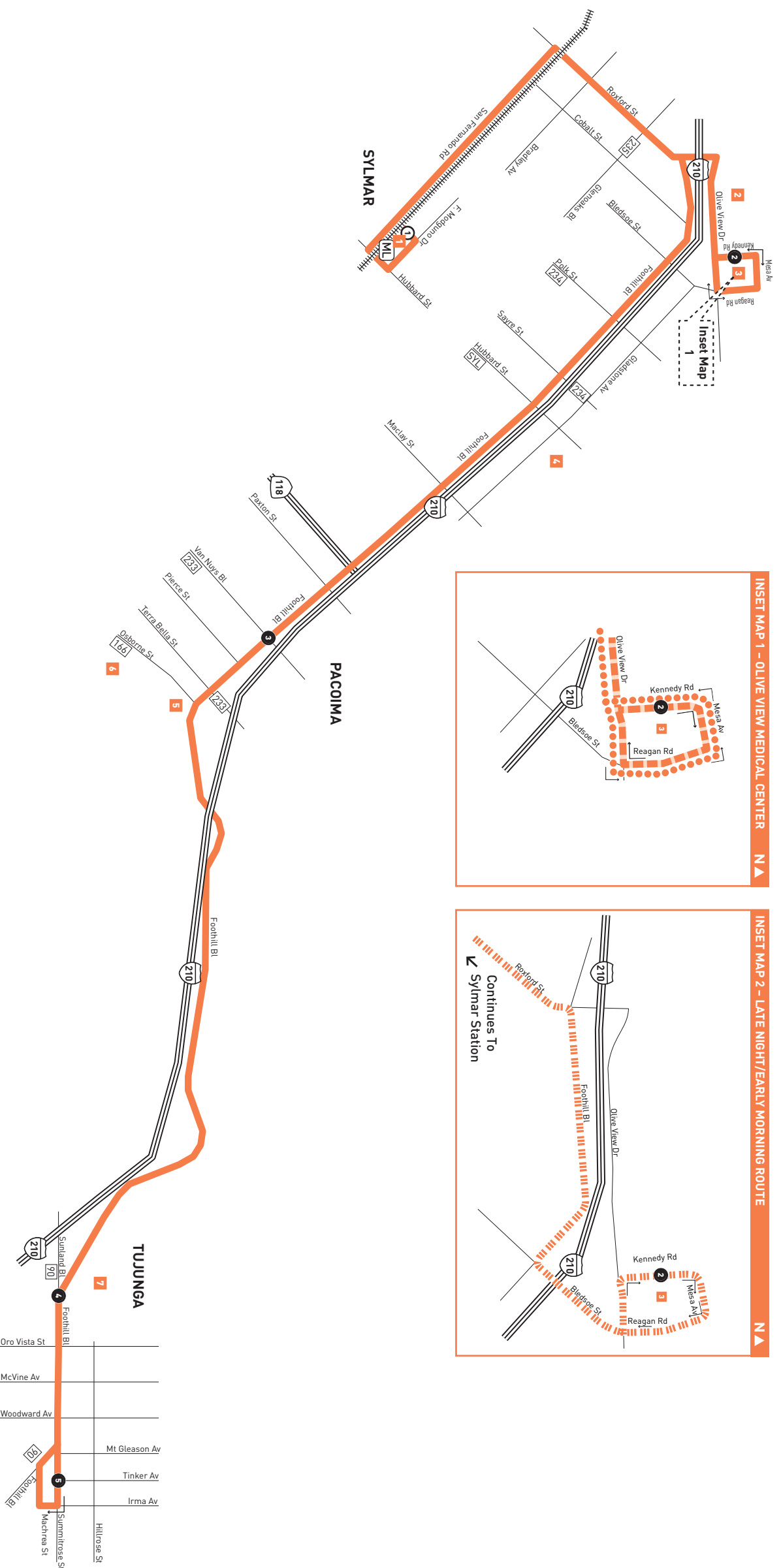


metro.net
 323 GO METRO
 Wheelchair Hotline
 800.421.7828
 STL
 511
 California Relay Service
 711

Metro Local
 Eastbound to Sunland
 Westbound to Sylmar
 via Foothill Bl, Roxford St, San Fernando Rd

690

Effective Jun 26 2022



LEGEND

- Route of Line 690
- Local Stop Timepoint
- # Rail Station & Timepoint
- Metrolink
- Metrolink Station
- ML LADOT Sylmar DASH

INSET MAP 1 LEGEND

- Route of Line 690 Westbound to Sylmar
- Route of Line 690 Eastbound To Sunland

INSET MAP 2 LEGEND

- Late Night/Early Morning Route

MAP NOTES

- 1 Sylmar Station**
Metro 92, 224, 230, 234, 235, 236, 294, 690, 761; CE574; LADOT Sylmar DASH; Metrolink Antelope Valley Line
- 2 Olive View Mental Health Center**
Antelope Valley Line
- 3 Olive View Medical Center**
- 4 Los Angeles Mission College**
- 5 Discovery Cube**
- 6 Hansen Dam Park**
- 7 Sunland Park Center**

Connect to Metro Security 24/7.

Call: 888.950.7233
 Text: 213.788.2777
 App: LA Metro Transit Watch

Call 911 for emergencies.

