

Monday through Friday

Effective Jun 7 2026

76

Eastbound (Approximate Times)

DOWNTOWN LOS ANGELES	LINCOLN HEIGHTS	ALHAMBRA	ROSEMEAD	EL MONTE
6	5	4	3	2
Olive & Venice	Alameda & Cesar E. Chavez	Main & Griffin	Valley & Garfield	Valley & Rosemead
5:07A	5:22A	5:29A	5:48A	5:59A
5:33	5:48	5:55	6:16	6:28
5:53	6:09	6:16	6:37	6:49
6:07	6:24	6:31	6:52	7:05
6:22	6:39	6:46	7:08	7:22
6:35	6:52	6:59	7:23	7:37
6:49	7:06	7:15	7:40	7:54
7:02	7:20	7:29	7:54	8:09
7:17	7:35	7:44	8:09	8:24
7:32	7:50	7:59	8:24	8:39
7:47	8:05	8:14	8:39	8:54
8:02	8:21	8:30	8:55	9:11
8:17	8:36	8:45	9:11	9:28
8:32	8:51	9:00	9:25	9:43
8:47	9:06	9:15	9:40	9:58
9:02	9:21	9:30	9:55	10:13
9:17	9:36	9:45	10:10	10:28
9:31	9:51	10:00	10:25	10:43
9:46	10:06	10:15	10:41	10:59
10:01	10:21	10:30	10:56	11:15
10:16	10:36	10:45	11:11	11:30
10:31	10:51	11:00	11:26	11:45
10:45	11:05	11:15	11:41	11:59
11:00	11:20	11:30	11:56	12:15P
11:15	11:35	11:45	12:11P	12:30
11:30	11:50	11:59	12:26	12:45
11:45	12:05P	12:15P	12:41	1:00
11:59	12:20	12:30	12:56	1:15
12:15P	12:35	12:45	1:11	1:30
12:29	12:50	1:00	1:26	1:45
12:44	1:05	1:15	1:41	2:00
12:59	1:20	1:30	1:56	2:15
1:15	1:36	1:45	2:11	2:30
1:28	1:49	1:58	2:26	2:45
1:43	2:04	2:13	2:41	3:00
1:58	2:19	2:28	2:56	3:15
2:13	2:34	2:43	3:11	3:30
2:28	2:49	2:58	3:26	3:45
2:43	3:04	3:13	3:41	4:00
2:57	3:19	3:28	3:56	4:14
3:12	3:34	3:43	4:11	4:29
3:27	3:49	3:58	4:26	4:44
3:42	4:04	4:13	4:41	4:59
3:57	4:19	4:28	4:56	5:14
4:13	4:35	4:43	5:11	5:29
4:28	4:50	4:58	5:26	5:44
4:43	5:05	5:13	5:40	5:58
4:58	5:20	5:28	5:55	6:12
5:13	5:35	5:43	6:10	6:27
5:34	5:56	6:04	6:30	6:46
5:54	6:16	6:24	6:49	7:05
6:21	6:42	6:50	7:14	7:29
6:55	7:16	7:24	7:47	8:02
7:30	7:50	7:58	8:20	8:34
8:10	8:28	8:35	8:57	9:10
9:06	9:23	9:30	9:50	10:02
10:06	10:23	10:30	10:49	11:00
11:06	11:23	11:30	11:48	11:59
12:06A	12:23A	12:30A	12:48A	12:59A
1:06	1:23	1:30	1:48	1:59
2:06	2:23	2:30	2:48	2:59
3:06	3:23	3:30	3:48	3:59
4:06	4:23	4:30	4:48	4:59

Westbound (Approximate Times)

EL MONTE	ROSEMEAD	ALHAMBRA	LINCOLN HEIGHTS	DOWNTOWN LOS ANGELES
1	2	3	4	5
El Monte Station	Valley & Rosemead	Valley & Garfield	Main & Griffin	Alameda & Cesar E. Chavez
6:08A	6:37	6:59A	7:15	7:39
6:37	7:05	7:27	7:43	8:07
6:58	7:26	7:48	8:04	8:28
7:15	7:43	8:05	8:21	8:45
7:32	8:00	8:22	8:38	9:02
7:48	8:16	8:38	8:54	9:18
8:05	8:33	8:55	9:11	9:35
8:21	8:49	9:11	9:27	9:51
8:36	9:04	9:26	9:42	10:06
8:51	9:19	9:41	9:57	10:21
9:06	9:34	9:56	10:12	10:36
9:23	9:51	10:13	10:29	10:54
9:40	10:08	10:30	10:46	11:12
9:58	10:25	10:47	11:04	11:30
10:13	10:41	11:03	11:20	11:48
10:26	10:54	11:16	11:33	12:01P
10:41	11:09	11:31	11:48	12:16P
10:56	11:24	11:46	12:03	12:31
11:12	11:39	12:01	12:18	12:46
11:28	12:05	12:27	12:44	1:01
11:43	12:20	12:42	13:01	1:16
11:58	12:35	12:57	13:16	1:31
12:13P	12:50	13:12	13:31	1:46
12:28	13:05	13:27	13:46	2:01
12:43	13:20	13:42	14:05	2:16
12:58	13:35	13:57	14:24	2:31
1:13	13:50	14:12	14:43	2:46
1:28	14:05	14:27	15:02	3:01
1:43	14:20	14:42	15:21	3:16
1:58	14:35	14:57	15:40	3:31
2:13	14:50	15:12	16:00	3:46
2:28	15:05	15:27	16:20	4:01
2:43	15:20	15:42	16:40	4:16
2:57	15:35	15:57	17:00	4:31
3:12	15:50	16:12	17:20	4:46
3:27	16:05	16:27	17:40	5:01
3:42	16:20	16:42	18:00	5:16
3:57	16:35	16:57	18:20	5:31
4:13	16:50	17:12	18:40	5:46
4:28	17:05	17:27	19:00	6:01
4:43	17:20	17:42	19:20	6:16
4:58	17:35	17:57	19:40	6:31
5:13	17:50	18:12	20:00	6:46
5:34	18:05	18:27	20:20	7:01
5:54	18:20	18:42	20:40	7:16
6:21	18:45	19:07	21:00	7:31
6:55	19:15	19:37	21:20	7:46
7:30	19:45	20:07	21:40	8:01
8:10	20:15	20:37	22:00	8:16
9:06	20:45	21:07	22:20	8:31
10:06	21:15	21:37	22:40	8:46
11:06	21:45	22:07	23:00	9:01
12:06A	22:15	22:37	23:20	9:16
1:06	22:45	23:07	23:40	9:31
2:06	23:15	23:37	24:00	9:46
3:06	23:45	24:07	24:20	10:01
4:06	24:15	24:37	24:40	10:16

Saturday

76

Eastbound (Approximate Times)

DOWNTOWN LOS ANGELES	LINCOLN HEIGHTS	ALHAMBRA	ROSEMEAD	EL MONTE
6	5	4	3	2
Olive & Venice	Alameda & Cesar E. Chavez	Main & Griffin	Valley & Garfield	Valley & Rosemead
5:06A	5:21A	5:28A	5:46A	5:57A
5:55	6:11	6:18	6:37	6:49
6:23	6:39	6:46	7:06	7:20
6:44	7:00	7:08	7:29	7:43
7:03	7:20	7:28	7:49	8:03
7:22	7:39	7:47	8:09	8:24
7:42	8:00	8:08	8:30	8:45
8:01	8:19	8:27	8:50	9:06
8:22	8:41	8:49	9:13	9:30
8:44	9:03	9:11	9:35	9:52
9:04	9:23	9:31	9:55	10:13
9:23	9:43	9:51	10:15	10:33
9:43	10:03	10:11	10:36	10:55
10:02	10:22	10:30	10:56	11:15
10:22	10:42	10:50	11:16	11:35
10:42	11:02	11:10	11:36	11:56
11:01	11:22	11:30	11:56	12:16P
11:21	11:42	11:50	12:16P	12:36
11:41	12:02P	12:10P	12:36	12:56
12:01P	12:22	12:30	12:56	1:16
12:21	12:42	12:50	1:16	1:36
12:41	1:02	1:10	1:36	1:56
1:01	1:22	1:30	1:56	2:16
1:21	1:42	1:50	2:15	2:35
1:41	2:02	2:10	2:35	2:55
2:01	2:22	2:30	2:55	3:15
2:21	2:42	2:50	3:15	3:35
2:41	3:02	3:10	3:35	3:55
3:01	3:22	3:30	3:55	4:15
3:21	3:42	3:50	4:15	4:35
3:41	4:02	4:10	4:35	4:54
4:03	4:24	4:32	4:57	5:16
4:28	4:49	4:57	5:21	5:39
4:52	5:13	5:21	5:44	6:02
5:17	5:38	5:46	6:09	6:26
5:48	6:08	6:16	6:39	6:56
6:18	6:38	6:46	7:08	7:24
6:48	7:08	7:16	7:38	7:53
7:26	7:46	7:54	8:16	8:30
8:11	8:29	8:36	8:57	9:10
9:06	9:23	9:30	9:50	10:02
10:06	10:23	10:30	10:49	11:00
11:06	11:23	11:30	11:48	11:59
12:06A	12:23A	12:30A	12:48A	12:59A
1:06	1:23	1:30	1:48	1:59
2:06	2:23	2:30	2:48	2:59
3:06	3:23	3:30	3:48	3:59
4:06	4:23	4:30	4:48	4:59

Westbound (Approximate Times)

EL MONTE	ROSEMEAD	ALHAMBRA	LINCOLN HEIGHTS	DOWNTOWN LOS ANGELES
1	2	3	4	5
El Monte Station	Valley & Rosemead	Valley & Garfield	Main & Griffin	Alameda & Cesar E. Chavez
6:06A	6:37	6:59A	7:15	7:39
6:37	7:05	7:27	7:43	8:07
6:58	7:26	7:48	8:04	8:28
7:15	7:43	8:05	8:21	8:45
7:32	8:00	8:22	8:38	9:02
7:48	8:16	8:38	8:54	9:18
8:05	8:33	8:55	9:11	9:35
8:21	8:49	9:11	9:27	9:51
8:36	9:04	9:26	9:42	10:06
8:51	9:19	9:41	9:57	10:21
9:06	9:34	9:56	10:12	10:36
9:23	9:51	10:13	10:29	10:54
9:40	10:08	10:30	10:46	11:12
9:58	10:25	10:47	11:04	11:30
10:13	10:41	11:03	11:20	11:48
10:26	10:54	11:16	11:33	12:01P
10:41	11:09	11:31	11:48	12:16P
10:56	11:24	11:46	12:03	12:31
11:12	11:39	12:01	12:18	12:46
11:28	12:05	12:27	12:44	1:01

Eastbound (Approximate Times)

DOWNTOWN LOS ANGELES	LINCOLN HEIGHTS	ALHAMBRA	ROSEMEAD	EL MONTE
6	5	4	3	2
Olive & Venice	Alameda & Cesar E. Chavez	Main & Griffin	Valley & Garfield	Valley & Rosemead
5:09A	5:22A	5:29A	5:47A	5:57A
5:58	6:11	6:18	6:37	6:49
6:24	6:38	6:46	7:06	7:19
6:46	7:01	7:09	7:29	7:42
7:05	7:20	7:28	7:50	8:03
7:24	7:40	7:48	8:10	8:25
7:43	7:59	8:07	8:30	8:46
8:03	8:19	8:27	8:50	9:06
8:24	8:41	8:49	9:12	9:29
8:46	9:03	9:11	9:34	9:51
9:06	9:23	9:31	9:55	10:13
9:26	9:43	9:51	10:15	10:33
9:46	10:03	10:11	10:35	10:53
10:06	10:23	10:31	10:55	11:14
10:25	10:43	10:51	11:15	11:34
10:44	11:03	11:11	11:35	11:54
11:04	11:23	11:31	11:55	12:14P
11:24	11:43	11:51	12:15P	12:34
11:44	12:03P	12:11P	12:35	12:54
12:03P	12:22	12:30	12:54	1:13
12:24	12:43	12:51	1:15	1:34
12:44	1:03	1:11	1:35	1:54
1:04	1:23	1:31	1:55	2:14
1:24	1:43	1:51	2:15	2:34
1:43	2:02	2:10	2:35	2:54
2:03	2:22	2:30	2:55	3:14
2:23	2:42	2:50	3:15	3:34
2:43	3:02	3:10	3:35	3:54
3:03	3:22	3:30	3:55	4:13
3:23	3:42	3:50	4:15	4:33
3:43	4:02	4:10	4:35	4:53
4:04	4:22	4:30	4:55	5:13
4:26	4:44	4:52	5:17	5:35
4:51	5:09	5:17	5:42	6:00
5:16	5:34	5:42	6:07	6:23
5:45	6:03	6:11	6:35	6:51
6:15	6:33	6:41	7:04	7:19
6:50	7:08	7:16	7:38	7:53
7:26	7:43	7:51	8:13	8:28
8:11	8:28	8:35	8:57	9:10
C 9:06	9:23	9:30	9:50	10:02
C 10:06	10:23	10:30	10:49	11:00
C 11:06	11:23	11:30	11:48	11:59
C 12:06A	12:23A	12:30A	12:48A	12:59A
C 1:06	1:23	1:30	1:48	1:59
C 2:06	2:23	2:30	2:48	2:59
C 3:06	3:23	3:30	3:48	3:59
C 4:06	4:23	4:30	4:48	4:59

Westbound (Approximate Times)

EL MONTE	ROSEMEAD	ALHAMBRA	LINCOLN HEIGHTS	DOWNTOWN LOS ANGELES
1	2	3	4	5
El Monte Station	Valley & Rosemead	Valley & Garfield	Main & Griffin	Alameda & Cesar E. Chavez
E 3:57A	4:04A	4:14A	4:30A	4:37A
4:45	4:53	5:03	5:19	5:26
5:33	5:43	5:54	6:11	6:18
6:22	6:33	6:44	7:01	7:08
6:58	7:11	7:22	7:42	7:49
7:30	7:43	7:56	8:16	8:23
7:52	8:05	8:18	8:38	8:45
8:13	8:26	8:40	9:00	9:08
8:33	8:48	9:02	9:23	9:31
8:52	9:07	9:22	9:43	9:51
9:12	9:27	9:42	10:03	10:11
9:32	9:47	10:02	10:23	10:31
9:52	10:07	10:22	10:43	10:51
10:11	10:26	10:42	11:03	11:11
10:31	10:45	11:02	11:23	11:31
10:51	11:05	11:22	11:43	11:51
11:11	11:25	11:42	12:03P	12:11P
11:31	11:45	12:02P	12:23	12:31
11:51	12:05P	12:22	12:43	12:51
12:11P	12:25	12:42	1:03	1:11
12:31	12:45	1:02	1:23	1:31
12:51	1:05	1:22	1:43	1:51
1:11	1:25	1:42	2:03	2:11
1:31	1:45	2:02	2:23	2:31
1:51	2:05	2:22	2:43	2:51
2:11	2:25	2:42	3:03	3:11
2:31	2:45	3:02	3:23	3:31
2:51	3:05	3:22	3:43	3:51
3:11	3:25	3:42	4:03	4:11
3:30	3:44	4:01	4:22	4:30
3:51	4:05	4:22	4:43	4:51
4:10	4:24	4:42	5:03	5:11
4:34	4:48	5:06	5:27	5:35
4:59	5:13	5:31	5:52	6:00
5:24	5:38	5:56	6:17	6:25
5:51	6:05	6:23	6:44	6:52
6:20	6:34	6:51	7:11	7:19
6:50	7:04	7:20	7:40	7:48
7:21	7:33	7:49	8:09	8:17
7:53	8:05	8:20	8:39	8:47
8:39	8:51	9:05	9:22	9:29
9:36	9:47	9:59	10:14	10:21
10:33	10:44	10:55	11:10	11:17
11:37	11:46	11:55	12:10A	12:17A
12:38A	12:46A	12:55A	1:10	1:17
1:38	1:46	1:55	2:10	2:17
E 2:38	2:45	2:54	3:09	3:16
E 3:39	3:45	3:54	4:09	4:16

Sunday & Holiday Schedules

Saturday, Sunday & Holiday schedule in effect on New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day and Christmas Day.

Horarios de domingo y días feriados

Horarios de domingo y días feriados en efecto para año nuevo, día conmemorativo, cuatro de julio, día del trabajo, día de acción de gracias, y Navidad.

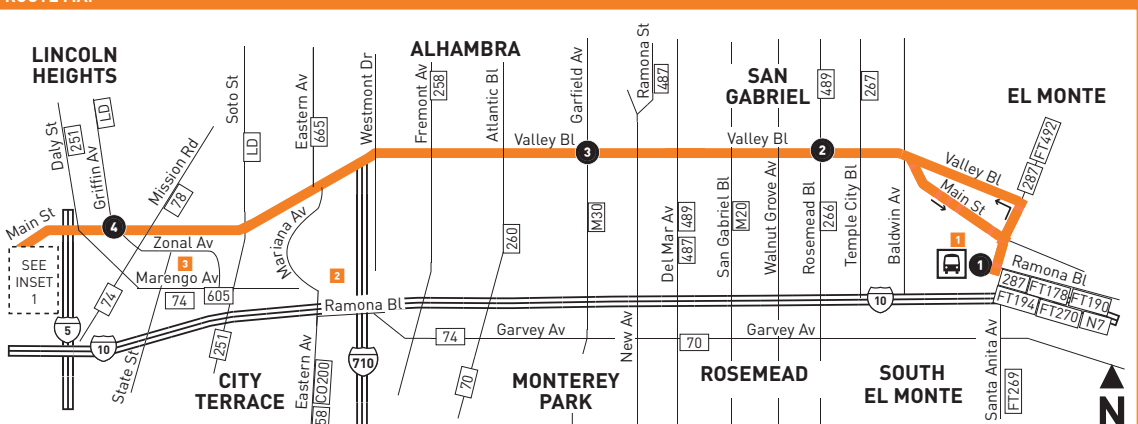
Special Notes

- B** Trip ends at Grand & Venice at time shown.
- C** Trip waits at Olive St & 7th St with other lines for connecting passengers
- D** Trip ends at El Monte Station Upper Terminal Bay 19
- E** Trip starts at El Monte Station Upper Terminal Bay 19

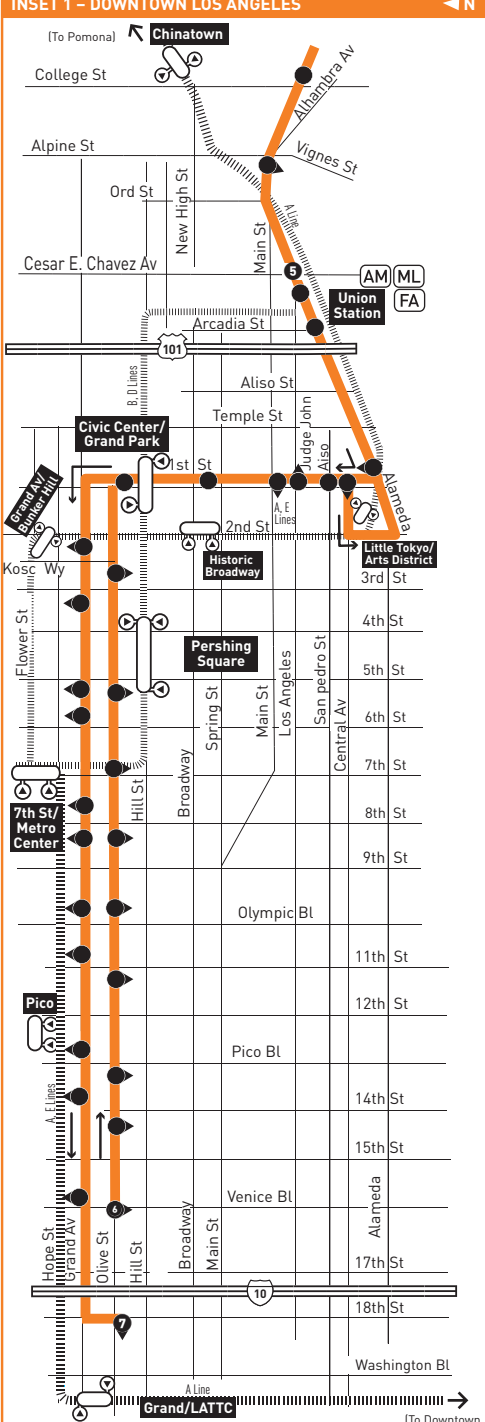
Avisos especiales

- B** Viaje termina en Grand y Venice a la hora mostrada.
- C** Viaje espera en Olive St y 7th St para las conexiones de transferencia
- D** Viaje termina en El Monte Station Upper Terminal Bay 19
- E** Viaje comienza en El Monte Station Upper Terminal Bay 19

ROUTE MAP



INSET 1 - DOWNTOWN LOS ANGELES



MAP NOTES

- 1** El Monte Station
Upper Level: J Line; FT 486, 488, 492, Silver Streak; Greyhound; Hollywood Bowl Shuttle;
Lower Level: Metro 70, 76, 267, 268, 287, 577; FT 178, 190, 194, 269, 270, 282; N7
- 2** Cal State LA
- 3** LA General Medical Center

LEGEND

- Line 76 Route
- Metro Rail
- Local Stop Timepoint
- Local Stop Timepoint - Single Direction Only
- Local Stop
- Local Stop - Single Direction Only
- Transit Center
- Map Notes
- Connecting Line
- Amtrak
- MetroLink
- FlyAway
- Commerce Municipal Bus
- Foothill Transit
- LADOT DASH
- Montebello Bus Lines
- Norwalk Transit

INSET 1 - DOWNTOWN LOS ANGELES

- Metro Rail Station
- Metro Rail Station Entrance