Monday through Friday

Effective Jun 7 2026

62

Northbound *Al Norte* - **Westbound** *Al Oeste* (Approximate Times / *Tiempos Aproximados*)

HAWAIIAN GARDENS		CERRITOS	NORWALK		PICO RIVERA	COMMERCE	BOYLE HEIGHTS	DOWNTOWN LOS ANGELES	
11	10	9	8	7	6	5	4	3	2
226th & Norwalk	Civic Center & Ibex	Los Cerritos Center (Gridley Rd & 187th St)	San Antonio & Rosecrans	Norwalk & Imperial	Telegraph & Rosemead	Telegraph & Atlantic	8th & Soto	Central & 6th	Beaudry & 4th
—	—	4:15A	4:27A	4:32A	4:47A	5:03A	5:14A	5:22A	5:32A
—	4:59A	5:12	5:26	5:31	5:47	6:03	6:14	6:22	6:33
—	5:55	6:08	6:22	6:27	6:44	7:02	7:16	7:26	7:38
6:37A	6:39	6:53	7:08	7:14	7:33	7:52	8:06	8:16	8:28
7:29	7:31	7:45	8:01	8:08	8:26	8:45	8:58	9:08	9:20
8:18	8:20	8:34	8:50	8:57	9:15	9:35	9:48	9:58	10:10
8:59	9:01	9:15	9:31	9:38	9:56	10:17	10:30	10:40	10:52
9:43	9:45	9:59	10:16	10:23	10:41	11:02	11:15	11:25	11:38
10:27	10:29	10:43	11:01	11:08	11:26	11:47	11:59	12:10P	12:23P
11:12	11:14	11:28	11:46	11:53	12:11P	12:32P	12:45P	12:55	1:08
11:51	11:53	12:07P	12:25P	12:32P	12:51	1:12	1:25	1:35	1:48
12:21P	12:23P	12:37	12:55	1:02	1:21	1:42	1:55	2:05	2:18
12:50	12:52	1:06	1:24	1:31	1:50	2:12	2:25	2:35	2:48
1:19	1:21	1:36	1:54	2:01	2:20	2:42	2:56	3:06	3:20
1:43	1:45	2:00	2:18	2:25	2:45	3:07	3:21	3:31	3:48
2:08	2:10	2:25	2:43	2:50	3:10	3:32	3:46	3:56	4:11
2:33	2:35	2:50	3:08	3:15	3:35	3:57	4:11	4:21	4:39
—	—	3:15	3:33	3:40	4:00	4:22	4:36	4:46	5:04
3:23	3:25	3:40	3:58	4:05	4:25	4:47	5:01	5:11	5:26
3:49	3:51	4:06	4:24	4:31	4:51	5:12	5:26	5:36	5:54
4:14	4:16	4:31	4:49	4:56	5:16	5:37	5:51	6:01	6:14
4:40	4:42	4:57	5:15	5:22	5:41	6:02	6:16	6:25	6:41
5:09	5:11	5:26	5:43	5:50	6:08	6:27	6:40	6:48	7:04
5:40	5:42	5:57	6:14	6:21	6:38	6:57	7:10	7:18	7:31
6:43	6:45	7:00	7:17	7:23	7:39	7:57	8:10	A8:18	—
7:43	7:45	8:00	8:17	8:23	8:39	8:57	9:08	A9:16	—
8:49	8:51	9:04	9:18	9:24	9:39	9:57	10:08	A10:16	—
—	9:54	10:07	10:21	10:27	10:41	10:58	11:08	A11:16	—
—	10:56	11:09	11:22	11:28	11:42	11:58	12:08A	A12:16A	—

Monday through Friday

62

Southbound *Al Sur* - **Eastbound** *Al Este* (Approximate Times / Tiempos *Aproximados*)

DOWNTOWN LOS ANGELES		BOYLE HEIGHTS	COMMERCE	DOWNEY	NORWALK		CERRITOS	HAWAIIAN GARDENS	
1	3	4	5	6	7	8	9	10	11
Grand & 3rd	6th & Central	8th & Soto	Telegraph & Atlantic	Telegraph & Lakewood	Norwalk & Imperial	Pioneer & Rosecrans	Los Cerritos Center (Gridley Rd & 187th St)	Norwalk & Civic Center	226th & Norwalk
4:40A	4:50A	4:59A	5:14A	5:30A	5:43A	5:48A	5:59A	6:09A	6:11A
5:10	5:20	5:29	5:45	6:02	6:16	6:22	6:34	6:45	6:47
5:39	5:50	5:59	6:15	6:32	6:46	6:52	7:04	7:15	7:17
6:08	6:19	6:29	6:45	7:02	7:16	7:23	7:36	7:49	7:51
6:23	6:34	6:44	7:00	7:17	7:31	7:38	7:52	8:05	8:07
6:54	7:06	7:16	7:33	7:50	8:04	8:11	8:26	8:39	8:41
7:25	7:38	7:48	8:05	8:22	8:36	8:43	8:58	9:11	9:13
7:58	8:11	8:22	8:39	8:56	9:10	9:17	9:32	9:45	9:47
8:28	8:41	8:52	9:09	9:26	9:40	9:47	10:03	10:16	10:18
9:00	9:13	9:24	9:41	9:58	10:12	10:19	10:35	10:48	10:50
9:33	9:46	9:57	10:14	10:31	10:45	10:53	11:09	11:22	11:24
10:08	10:21	10:32	10:49	11:07	11:22	11:30	11:46	11:59	12:01P
10:47	11:00	11:11	11:28	11:46	12:01P	12:09P	12:25P	12:38P	12:40
11:26	11:39	11:50	12:07P	12:25P	12:40	12:48	1:04	1:17	1:19
12:08P	12:21P	12:32P	12:49	1:08	1:24	1:32	1:48	2:01	2:03
12:57	1:10	1:21	1:39	2:00	2:16	2:24	2:40	2:53	2:55
1:22	1:35	1:46	2:04	2:25	2:41	2:49	3:05	3:18	3:20
1:47	2:00	2:11	2:30	2:51	3:07	3:15	3:31	3:44	3:46
2:17	2:30	2:41	3:00	3:23	3:39	3:47	4:03	4:16	4:18
2:47	3:00	3:11	3:32	3:56	4:12	4:19	4:35	4:48	4:50
3:18	3:31	3:42	4:05	4:29	4:45	4:52	5:08	5:21	5:23
4:02	4:16	4:27	4:51	5:15	5:31	5:38	5:54	6:07	6:09
4:54	5:09	5:20	5:44	6:07	6:23	6:30	6:46	6:59	7:01
5:54	6:09	6:20	6:39	6:58	7:14	7:21	7:36	7:49	7:51
6:55	7:07	7:17	7:33	7:49	8:03	8:10	8:25	8:37	—
8:02	8:13	8:23	8:39	8:55	9:09	9:16	9:29	9:41	—
—	B9:16	9:26	9:41	9:57	10:11	10:18	10:30	10:42	—
—	B10:18	10:28	10:43	10:59	11:13	11:20	11:30	—	—

Saturday

62

Northbound *Al Norte* - **Westbound** *Al Oeste* (Approximate Times / *Tiempos Aproximados*)

HAWAIIAN GARDENS		CERRITOS	NORWALK		PICO RIVERA	COMMERCE	BOYLE HEIGHTS	DOWNTOWN LOS ANGELES	
11	10	9	8	7	6	5	4	3	2
226th & Norwalk	Civic Center & Ibex	Los Cerritos Center (Gridley Rd & 187th St)	San Antonio & Rosecrans	Norwalk & Imperial	Telegraph & Rosemead	Telegraph & Atlantic	8th & Soto	Central & 6th	Beaudry & 4th
—	—	—	4:22A	4:28A	4:43A	5:01A	5:14A	5:21A	5:34A
—	—	—	5:23	5:29	5:44	6:02	6:15	6:22	6:35
—	5:57A	6:10A	6:25	6:31	6:46	7:04	7:17	7:24	7:37
—	6:55	7:08	7:23	7:29	7:44	8:02	8:15	8:22	8:35
—	7:55	8:08	8:23	8:29	8:44	9:02	9:15	9:22	9:35
8:49A	8:51	9:05	9:22	9:28	9:44	10:03	10:16	10:23	10:35
9:47	9:49	10:03	10:20	10:26	10:42	11:02	11:15	11:22	11:34
10:44	10:46	11:01	11:18	11:24	11:40	11:59	12:13P	12:21P	12:34P
11:41	11:43	11:59	12:17P	12:23P	12:39P	12:59P	1:12	1:22	1:35
12:31P	12:33P	12:50P	1:07	1:13	1:29	1:49	2:02	2:12	2:25
1:09	1:11	1:29	1:46	1:52	2:08	2:29	2:42	2:52	3:05
1:49	1:51	2:09	2:26	2:32	2:48	3:09	3:22	3:32	3:45
2:29	2:31	2:49	3:06	3:12	3:28	3:49	4:02	4:12	4:25
3:07	3:09	3:27	3:44	3:50	4:06	4:27	4:40	4:47	5:03
3:27	3:29	3:47	4:04	4:10	4:26	4:47	5:00	5:07	5:20
4:15	4:17	4:35	4:52	4:58	5:14	5:35	5:48	5:55	6:08
4:58	5:00	5:18	5:35	5:41	5:57	6:17	6:30	6:37	6:52
5:38	5:40	5:58	6:15	6:21	6:37	6:57	7:10	7:17	7:29
6:39	6:41	6:58	7:15	7:21	7:37	7:57	8:10	A8:16	—
7:42	7:44	7:59	8:16	8:22	8:38	8:57	9:09	A9:15	—
8:45	8:47	9:02	9:18	9:24	9:39	9:57	10:09	A10:15	—
—	9:57	10:11	10:27	10:33	10:48	11:06	11:18	A11:24	—
—	10:56	11:10	11:26	11:32	11:47	12:05A	12:17A	A12:23A	—

Saturday

62

Southbound *Al Sur* - **Eastbound** *Al Este* (Approximate Times / *Tiempos Aproximados*)

DOWNTOWN LOS ANGELES		BOYLE HEIGHTS	COMMERCE	DOWNEY	NORWALK		CERRITOS	HAWAIIAN GARDENS	
1	3	4	5	6	7	8	9	10	11
Grand & 3rd	6th & Central	8th & Soto	Telegraph & Atlantic	Telegraph & Lakewood	Norwalk & Imperial	Pioneer & Rosecrans	Los Cerritos Center (Gridley Rd & 187th St)	Norwalk & Civic Center	226th & Norwalk
4:54A	5:04A	5:12A	5:26A	5:41A	5:54A	5:59A	6:10A	6:22A	—
6:00	6:10	6:18	6:32	6:47	7:00	7:06	7:18	7:30	—
6:59	7:09	7:17	7:31	7:47	8:00	8:07	8:21	8:33	8:35A
7:53	8:04	8:13	8:27	8:43	8:57	9:04	9:19	9:31	9:33
8:37	8:49	8:58	9:14	9:30	9:44	9:51	10:07	10:20	10:22
9:27	9:39	9:48	10:04	10:20	10:34	10:41	10:57	11:11	11:13
10:17	10:29	10:38	10:54	11:11	11:25	11:32	11:49	12:03P	12:05P
11:07	11:19	11:28	11:44	12:01P	12:15P	12:22P	12:39P	12:53	12:55
11:37	11:49	11:58	12:14P	12:31	12:45	12:52	1:09	1:23	1:25
12:34P	12:49P	12:58P	1:14	1:31	1:45	1:52	2:09	2:23	2:25
1:04	1:19	1:28	1:44	2:01	2:15	2:22	2:39	2:53	2:55
2:05	2:18	2:28	2:44	3:02	3:16	3:23	3:39	3:53	3:55
3:04	3:17	3:27	3:44	4:02	4:16	4:23	4:39	4:53	4:55
4:05	4:18	4:27	4:44	5:02	5:16	5:23	5:39	5:53	5:55
5:07	5:19	5:28	5:44	6:02	6:16	6:23	6:39	6:53	6:55
6:07	6:19	6:28	6:44	7:01	7:14	7:21	7:36	7:49	7:51
7:07	7:19	7:28	7:44	8:00	8:13	8:20	8:33	8:45	—
8:08	8:20	8:29	8:44	9:00	9:13	9:20	9:33	9:45	—
—	B9:19	9:28	9:42	9:58	10:11	10:18	10:31	10:43	—
—	B10:19	10:28	10:42	10:58	11:11	11:18	11:28	—	—

Sunday and Holiday Schedules

Sunday and Holiday Schedule in effect on New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day and Christmas Day.

Horarios de domingo y días feriados

Horarios de domingo y días feriados en efecto para año nuevo, día conmemorativo, cuatro de julio, día del trabajo, día de acción de gracias, y Navidad.

Special Notes

A Terminates at 5th & Hill 9 minutes after time shown.

B Originates at 5th & Hill 12 minutes before time shown, and waits at 6th & Broadway for passenger connection.

Avisos especiales

A *Termina en la 5th y Hill 9 minutos después de la hora mostrada.*

B *Empieza en la 5th y Hill, 12 minutos antes de la hora mostrada y se espera en 6th y Broadway para la conección de pasajeros.*

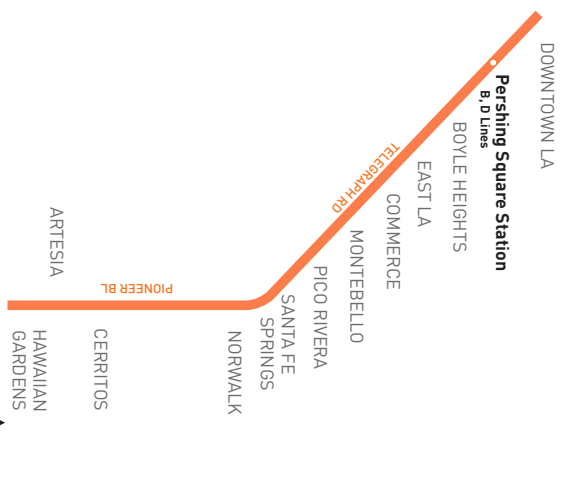
Connect to Metro Security 24/7.

Call: 888.950.7233
Text: 213.788.2777
App: LA Metro Transit Watch

Call 911 for emergencies.

Metro

Subject to change without notice
Sujeto a cambios sin previo aviso



metro.net 323.GO.METRO

Wheelchair Hotline 800.621.7828

511 Travel Info 511

California Relay Service 711

Effective Jun 7 2026

Metro Local

Northbound to Downtown LA
Southbound to Hawaiian Gardens
via Telegraph Rd

62

Sunday and Holidays

Effective Jun 7 2026

62

Northbound *Al Norte* **- Westbound** *Al Oeste* (Approximate Times / Tiempos Aproximados)

HAWAIIAN GARDENS		CERRITOS	NORWALK		PICO RIVERA	COMMERCE	BOYLE HEIGHTS	DOWNTOWN LOS ANGELES	
11	10	9	8	7	6	5	4	3	2
226th & Norwalk	Civic Center & Ibex	Los Cerritos Center (Gridley Rd & 187th St)	San Antonio & Rosecrans	Norwalk & Imperial	Telegraph & Rosemead	Telegraph & Atlantic	8th & Soto	Central & 6th	Beaudry & 4th
—	—	—	4:30A	4:35A	4:49A	5:03A	5:14A	5:21A	5:32A
—	—	—	5:28	5:33	5:47	6:03	6:14	6:21	6:34
—	6:04A	6:15A	6:28	6:33	6:47	7:03	7:16	7:26	7:39
—	7:01	7:12	7:27	7:33	7:47	8:03	8:16	8:26	8:39
—	8:00	8:11	8:26	8:32	8:46	9:03	9:16	9:26	9:41
8:51A	8:53	9:07	9:23	9:29	9:44	10:02	10:15	10:23	10:38
9:50	9:52	10:06	10:23	10:29	10:44	11:02	11:15	11:23	11:39
10:48	10:50	11:05	11:22	11:28	11:43	12:02P	12:15P	12:24P	12:41P
11:47	11:49	12:04P	12:21P	12:27P	12:42P	1:01	1:14	1:24	1:42
12:44P	12:46P	1:03	1:20	1:26	1:41	2:00	2:13	2:25	2:43
1:43	1:45	2:02	2:19	2:25	2:40	3:00	3:13	3:25	3:43
2:41	2:43	3:01	3:18	3:24	3:39	3:59	4:12	4:23	4:38
3:34	3:36	3:54	4:11	4:17	4:32	4:53	5:06	5:14	5:27
4:19	4:21	4:39	4:56	5:02	5:17	5:38	5:51	5:59	6:12
5:01	5:03	5:21	5:38	5:44	5:59	6:19	6:32	6:40	6:55
5:40	5:42	6:00	6:16	6:22	6:37	6:57	7:10	7:17	7:29
6:44	6:46	7:02	7:18	7:24	7:39	7:57	8:10	A8:17	—
7:45	7:47	8:02	8:18	8:24	8:39	8:57	9:08	A9:15	—
8:52	8:54	9:07	9:22	9:28	9:41	9:57	10:08	A10:15	—
—	9:55	10:07	10:22	10:28	10:41	10:57	11:08	A11:15	—
—	10:55	11:07	11:22	11:28	11:41	11:57	12:08A	A12:15A	—

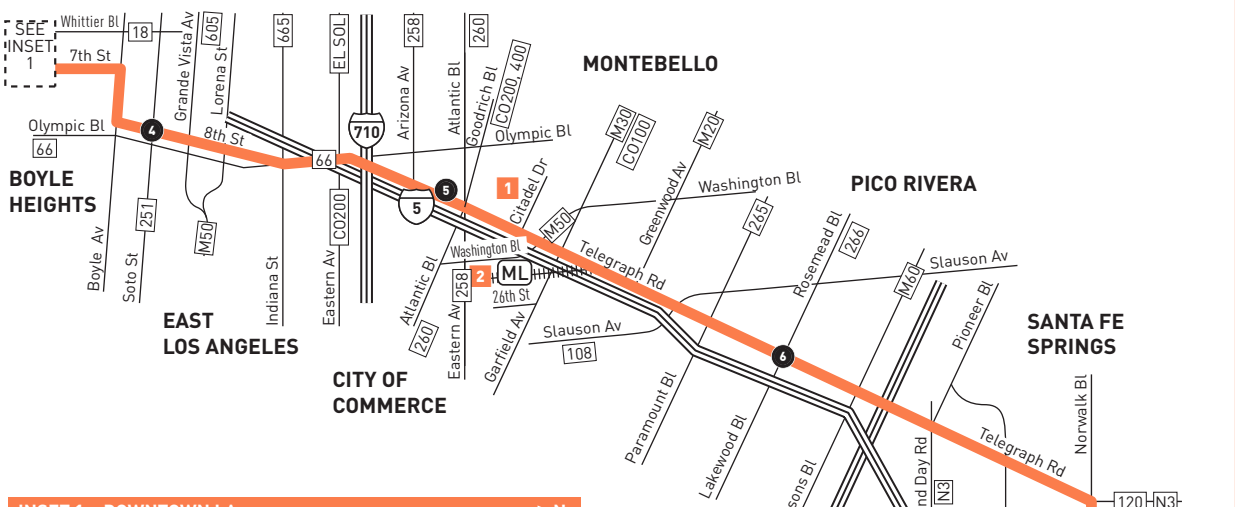
Sunday and Holidays

62

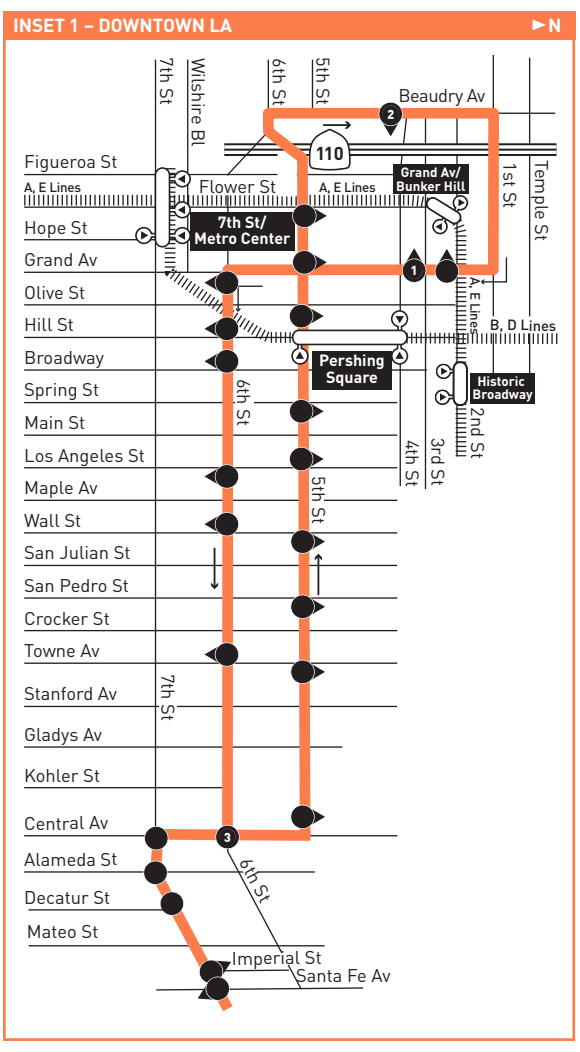
Southbound *Al Sur* **- Eastbound** *Al Este* (Approximate Times / *Tiempos Aproximados*)

DOWNTOWN LOS ANGELES		BOYLE HEIGHTS	COMMERCE	DOWNEY	NORWALK		CERRITOS	HAWAIIAN GARDENS	
1	3	4	5	6	7	8	9	10	11
Grand & 3rd	6th & Central	8th & Soto	Telegraph & Atlantic	Telegraph & Lakewood	Norwalk & Imperial	Pioneer & Rosecrans	Los Cerritos Center (Gridley Rd & 187th St)	Norwalk & Civic Center	226th & Norwalk
4:54A	5:03A	5:12A	5:25A	5:39A	5:51A	5:57A	6:09A	6:21A	—
5:53	6:03	6:13	6:27	6:41	6:53	6:59	7:11	7:23	—
6:57	7:08	7:18	7:32	7:47	8:01	8:08	8:21	8:32	8:34A
7:51	8:02	8:13	8:28	8:43	8:57	9:04	9:18	9:31	9:33
8:43	8:54	9:05	9:22	9:38	9:52	9:59	10:14	10:27	10:29
9:43	9:54	10:05	10:22	10:38	10:52	10:59	11:15	11:29	11:31
10:28	10:39	10:50	11:07	11:24	11:38	11:45	12:01P	12:15P	12:17P
11:15	11:27	11:38	11:55	12:12P	12:26P	12:33P	12:49	1:03	1:05
12:09P	12:21P	12:32P	12:49P	1:06	1:20	1:27	1:43	1:57	1:59
1:08	1:21	1:32	1:49	2:06	2:20	2:27	2:43	2:57	2:59
2:08	2:21	2:32	2:49	3:06	3:20	3:27	3:43	3:57	3:59
3:07	3:21	3:32	3:49	4:06	4:20	4:27	4:43	4:57	4:59
4:05	4:19	4:30	4:47	5:04	5:18	5:25	5:40	5:54	5:56
5:01	5:15	5:26	5:43	6:00	6:14	6:21	6:36	6:50	6:52
6:03	6:15	6:26	6:42	6:59	7:13	7:20	7:35	7:47	7:49
7:04	7:16	7:26	7:41	7:57	8:11	8:18	8:32	8:44	—
8:04	8:16	8:26	8:41	8:57	9:11	9:18	9:31	9:43	—
—	B9:16	9:26	9:40	9:56	10:09	10:15	10:27	10:39	—
—	B10:15	10:25	10:37	10:52	11:04	11:10	11:20	—	—

ROUTE MAP



INSET 1 – DOWNTOWN LA



MAP NOTES

1. **The Citadel**
   Metro 62, 258, 260; CO 600; M50
2. **Commerce Metrolink Station**
   Metro 62; M30
3. **Metropolitan State Hospital**
   Metro 62; N1, 3
4. **Paddison Square**
   Metro 62; N1, 3
5. **LA County Hall of Records**
   N2, 4, 7
6. **Norwalk/Santa Fe Springs Metrolink Station**
   N4, 7
7. **Norwalk Town Square**
   Metro 62; N1, 2, 3, 7
8. **Los Cerritos Center**
   Metro 62, 130; COW1, 2; LB172, 173, 192; N2; OC 30
9. **Long Beach Towne Center**

LEGEND

	Route of Line 62
#	Local Stop Timepoint
ML	Metrolink
CO	Commerce Municipal Bus Lines
COW	Cerritos on Wheels
EL SOL	East LA Shuttle
LB	Long Beach Transit
N	Norwalk Transit
M	Montebello Bus Lines
OC	Orange County Transportation Authority (OCTA)

INSET 1 – DOWNTOWN LA

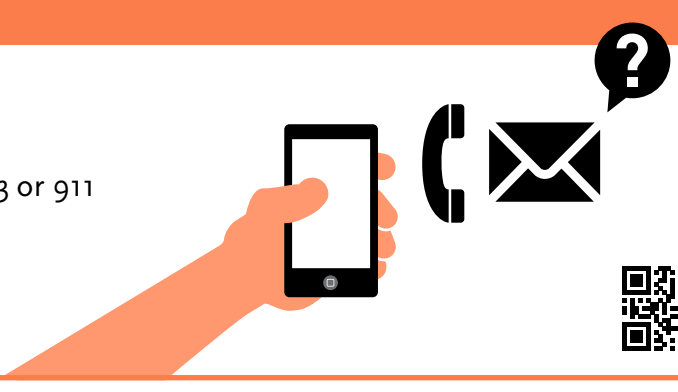
#	Local Stop Timepoint - Single Direction Only
	Local Stop - Single Direction Only
	Metro Rail Station & Entrance

N

Need information?

Transit Information: 323.466.3876
Customer Relations: 213.922.6235
In an Emergency: 1.888.950.7233 or 911

And for all you need to know, visit *metro.net*.



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